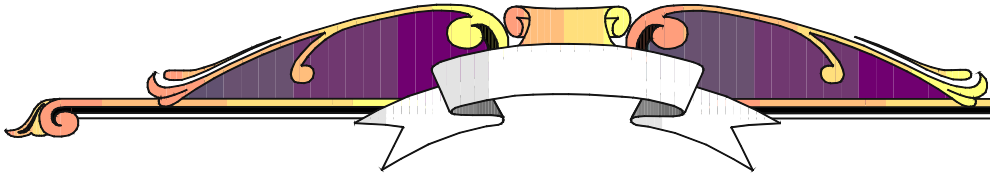


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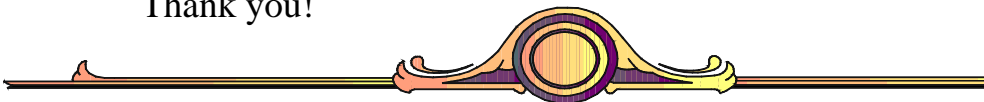
This guide was compiled by the consumers involved with Individuals Concerted in Effort, ICE Consumer Services. It is designed to help the reader to understand what mental health services and public entitlements are, and how to access them.

This booklet became a reality when people who were receiving mental health services wanted to give back something to the system that had helped them. Through this guide, consumers could share their personal expertise and knowledge thereby assisting those who may be using services for the first time.

We hope this guide helps you in locating those resources that you may need. If you want more information please call ICE Consumer Services at 609-272-1700.

Realizing that things often change, we invite you to provide us with corrections on any information that may need updating.

Thank you!



Hotline Numbers

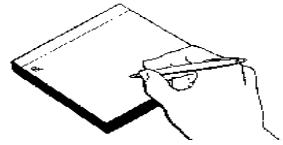
Advocacy Network Mental Health	609-656-0110
AIDS	800-624-2377
Alcoholics Anonymous (24hr.)	800-604-4357
AI-ANON	547-0855
Boarding Home Complaints	800-792-8672
Child Abuse Control	800-792-8610
Contact	646-6616
Gambling	877-994-2465
National Alliance for Mentally Ill	748-9558
National Empowerment Center	800-POW-ER2U
National Mental Health Consumers	800-553-4539
Narcotics Anonymous (24hr.)	800-992-0401
NJ Self Help Clearinghouse	800-FOR-MASH
Poison Control	800-764-7661
Psychiatric Intervention Program	344-1118
Women's Abuse Shelter	646-6767

Outpatient Counseling

Outpatient counseling is when you see an individual therapist in a private practice or in a community agency and talk to them about your problems.

Medication Monitoring

Medication monitoring is when a psychiatrist meets with you individually or in a group, to discuss your medication and how it makes you feel.



These are the public agencies that provide outpatient counseling and medication monitoring in Atlantic County:

AtlantiCare Behavioral Health Center

13 North Hartford Avenue
Atlantic City, NJ

348-1161

6010 Black Horse Pike
McKee City, NJ

646-5142

310 Bellevue Ave
Hammonton, NJ

561-7911

Family Service Association

3073 English Creek Ave.
Egg Harbor Township, NJ

569-0239

1 South New York Ave
Atlantic City, NJ

344-5085

I.C.E. Resource Guide

Outpatient Counseling/Medication Monitoring (cont.)

Jewish Family Services

607 North Jerome Ave

Margate, NJ

822-1108

Vet Center US Dept. of Veterans Administration

6601 Ventnor, Ave.

Ventnor, NJ

487-8387

Day Treatment/Partial Care

Day treatment or partial care services are where you go during the day to learn skills that can help you take care of yourself and your home and how to better manage your life and issues that may arise. These are the agencies that provide this service:

Atlantic Adult Day HealthCare

331 Tilton Road Suite 2A

Northfield, NJ

383-3313

First Day & Transitions (Family Service Association)

312 East White Horse Pike

Absecon, NJ

652-2377

Helping Hand Behavioral Health Corp.

539 Tilton Road

Northfield, NJ

383-8668

Hopewell MICA Partial Care (AtlantiCare Behavioral Health)

6010 Black Horse Pike

McKee City, NJ

569-8080

Providence House (AtlantiCare Behavioral Health)

12 North Providence Avenue

Atlantic City, NJ

348-1468

I.C.E. Resource Guide

Day Treatment/Partial Care (cont.)

Taylor Care

319 Chris Gaupp Road
Galloway, NJ

404-4220

Unity Place Corp.

121 South White Horse Pike
Hammonton, NJ

704-1313

Integrated Case Management

Case managers are workers who provide you with guidance and support with whatever problems or issues that you want help with. They assist you in obtaining the services you may need. To receive this service you must be referred. The provider is:

Jewish Family Services

607 North Jerome Ave
Margate, NJ

822-1108

Crisis Intervention Services

Crisis services are where you go if you feel that you need to be hospitalized to help you become stable again.



The Psychiatric Intervention Program (PIP) is the designated screening center for Atlantic County. It is located at:

Atlantic City Medical Center

Emergency Department
Michigan & Pacific Avenues
Atlantic City, NJ

344-1118

Advocacy Services

An advocate acts on your behalf while teaching you to make the system work for you when you are having problems in areas like Social Security, boarding homes, landlord problems, or dealing with your medical or psychiatric services. There are several places you can call:

Atlantic County Mental Health Administrator	645-7700 ext. 4307
Community Health Law Project	856-858-9500
Mental Health Association	272-1700
Office of the Public Advocate	292-1780
Peer Outreach	272-1700



Mental Health Consumer Services

Consumers in our county, state and throughout the country are now helping to change the face of services being provided to them. This is being accomplished by speaking up when things need to be discussed, attending meetings and offering solutions to problems that arise. Consumers now serve on boards and committees working to develop policy, create programs and monitor the services being delivered.

Consumers are also becoming service providers themselves. Consumer run services may include self-help groups, self-help

centers, advocacy groups, consumer managed businesses and Peer Outreach. All of these programs are run by your peers, people who have also been through the mental health system and understand your feelings. These services are designed and run by consumers and it is up to each member to make them succeed.



**I.C.E. (Individuals Concerted in Effort)
Peer Outreach Support Teams**

1127 North New Road
Pleasantville, NJ

272-1700

ICE Self-Help Center (Call for current hours)

611 Doughty Road
Pleasantville, NJ

272-0928

GROW, a mutual self-help group to prevent and recover from depression, anxiety and other mental health problems. Caring and sharing community to attain emotional maturity, personal responsibility and recovery. Meets throughout southern NJ. Call 856-881-2008 for time and location

State Consumer Advisory Committee

Consumers from the Southern Region meet monthly to review and advise the Division of Mental Health Services as to the concerns of consumers in relation to the services available throughout the mental health system . This allows consumers to have direct impact upon policy making decisions and help shape future program expansion. Southern Region meetings are held the 4th Tuesday of each month 11:00am at the Atlantic County Library in Hammonton, NJ. Call 609-984-4813 or ICE at 272-1700.

Coalition of Mental Health Consumer Organizations

is totally comprised of consumer/survivors whose main purpose is to promote the cause of persons diagnosed with

serious and persistent mental illness in NJ through empowerment and advocacy. Consumer groups throughout NJ have joined together to create COMHCO, a consumer advocacy organization. Membership \$3/yr.

973-778-7361 <http://community.nj.com/cc/comhco>

Family Support Groups

These are self-help groups run for families dealing with mental illness in their families. Groups provide education and support to their members. Additionally, groups work together on advocacy issues and system improvements.

Family Voice	272-1700
MICA Family Group	272-1700
NAMI -Atlantic Chapter	748-9558

Intensive Family Support Services

Families of persons who have mental illness need support, education and an increased understanding of the illness. Intensive Support Services to Families was created by the Division of Mental Health Services, as a program designed to offer all family members, education regarding the illness and the system, support in dealing with the illness and advocacy services to assist in helping obtain needed services. The agency that provides this service is:

Mental Health Association in Atlantic County
1127 North New Road
Absecon, NJ 08232 272-1700

Programs in Assertive Community Treatment (PACT)

Those eligible clients may be referred to PACT for services. PACT clients receive all of their recovery services from the PACT team including medication monitoring, daily activities, vocational rehabilitation and support services. This service is for people with a high risk of re-hospitalization. AtlantiCare Behavioral Health is the PACT provider for Atlantic County.

PACT Team A	407-0042
PACT Team B	272-1796

Job Readiness

Job readiness helps consumers explore their readiness to return to work and identify a career or job that best suits your interest. It may be determined that you need additional school, skills or training which may be provided by one of these programs or they can help link you to the appropriate service. These services are provided by:

Career Opportunity Development Inc.

901 Atlantic Ave. Egg Harbor City, NJ	965-6871
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Disabilities Resource Center (supportive employment)

206 Route 50 Corbin City, NJ 08270	628-2600
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Division of Vocational Rehabilitation

2100 Atlantic Avenue Atlantic City, NJ	441-3080
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HR Advantage (supportive employment)

1433 Bacharach Blvd. (inside employment office)
Atlantic City, NJ 08401 441-3644

Total Living Center

402 A White Horse Pike
Egg Harbor City, NJ 965-3734

The Workforce Development Partnership Program

Route 30 & Elvins Ave.
Hammonton , NJ 561-8800



**Boarding
Home
Outreach**

Atlantic County has 16 boarding homes that house over 320 people each year. Staff from several

agencies reach out to the residents of these homes to encourage residents to participate in social, recreational and rehabilitative services. These agencies are:

Boarding Home Outreach (Mental Health Association)

1127 North New Road
Absecon, NJ 272-1700

Family Service Association

312 East White Horse Pike
Absecon, NJ 652-2377

Jewish Family Services

607 North Jerome Ave
Margate, NJ 822-1108

Homelessness

If you become homeless or know someone who is, there is a service that can provide case managers to help you with the emergency services available to homeless persons. This service is provided by:

Jewish Family Services

607 North Jerome Ave
Margate, NJ

822-1108

The Atlantic City Rescue Mission provides emergency shelter to persons who are homeless. For emergency shelter:

Atlantic City Rescue Mission

2009 Bacharach Blvd.
Atlantic City, NJ

345-5517



Bus Transportation

Information on bus schedules, monthly bus passes and 2 price fare cards for disabled persons can be obtained through:

NJ Transit

1-800-582-5946

I.C.E. Resource Guide

Social Security

If you are disabled, you may be eligible to receive SSI or SSDI checks. To find out more information call:

Social Security Administration

1-800-772-1213

Medicare

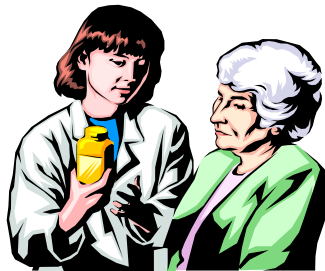
Medicare is an insurance that pays for a portion of your medical bills. If you are disabled and have had a significant work history you may be eligible for Medicare. For information, go to:

Social Security Administration

1350 Doughty Road

Egg Harbor Township, NJ

800-772-1213



Medicaid

If you are on SSI you will receive Medicaid which is an insurance that pays your medical bills for medical and psychiatric services. This card will come from the Social Security each month. For Medicaid questions call 484-0220.

If you are disabled and not yet receiving any form of Social Security you may have to apply for General Assistance. In that case you would receive your medical insurance from Medicaid, which is applied for at:

I.C.E. Resource Guide

Atlantic County Work First of NJ

1333 Atlantic Ave. 3rd Floor

Atlantic City, NJ

348-3001

The General Assistance Office department is also where you apply for food stamps and Home Energy Assistance.

Special Benefit Programs for the Aged and Disabled

Pharmaceutical Assistance to the Aged and Disabled (PAAD)

800-792-9745

PAAD is a program available to all Medicare recipients whose annual income is less than \$20,016 for singles and \$24,542 for married couples. PAAD will give you a prescription card that will pay for your medication. You will be responsible to pay \$5.00 for each prescription and the rest will be paid for by PAAD.

Life Line

800-792-9745

Lifeline is a utility assistance program that offers \$225 to persons who meet the PAAD eligibility requirements or who receive Supplemental Security Income (SSI). This includes utility customers as well as tenants whose utility bills are included in their rent. Only one tenant in a household is entitled to this assistance.

You are eligible for the Lifeline benefit if you are a recipient of Pharmaceutical Assistance to The Aged and Disabled (PAAD). Persons applying for PAAD will also apply for their Lifeline benefit by answering the questions that pertain to the Lifeline programs. Persons who are beneficiaries of Medical Assistance to the Aged (MAA), Medical Assistance Only (MAO), or New

Jersey Care, are sent Lifeline applications automatically every August.

Recipients of Supplemental Security Income (SSI) should not file an application for Lifeline. The Lifeline benefit is automatically included in the SSI checks.

Your Lifeline benefit provides for electricity and natural gas only. Other fuels, such as bottled or propane gas, oil, coal, or wood, are NOT covered.

If you pay utility bills directly to a single utility company, a \$225 credit will appear on your utility bill. If you receive service from two different companies, the \$225 credit will be divided equally between the two utilities. If the cost of your utilities is included in your rent, you will receive a check for \$225.

Hearing Aid Assistance to the Aged & Disabled

800-792-9745

This provides a \$100 reimbursement to eligible persons who purchase a hearing aid.

"Hearing Aid" means a custom-fitted ear-level or body-worn electronic device which enhances communication for the hearing impaired.

Intergenerational Services

The Office of Disabled can help you obtain a variety of services for the disabled.. They can assist with any problems you may have in getting prescriptions or medical items such as wheelchairs.

Office for the Disabled

101 South Shore Road
Northfield, NJ

645-7700
ext: 4519

Adult Protective Services is for abuse of vulnerable citizens age 18 or over.

Adult Protective Services

101 South Shore Rd.
Northfield, NJ

645-7700
Ext .2807

Outreach to Aging Persons

If you are 55 and older and need counseling or help with home management there are two agencies which provide services:

Eldercare (Jewish Family Service)

3 So. Weymouth Ave.
Ventnor, NJ

822-1108

AtlantiCare Senior Care

6010 Black Horse Pike
Mckee City, NJ 08232

646-5142

Housing and Rental Assistance

There are several options of housing available to persons who have mental illness. These include boarding homes, residential programs, supported housing, Housing Authority apartments, Section 8 subsidized apartments.

Boarding Homes

Boarding Homes are private businesses that will provide their residents with a room and meals. If you receive a check like SSI, it may be sent directly to the boarding home operator.

You must see the front of that check each month and then sign

the back. Each month you should be given \$82.50* of that check for spending money. *(2003 amount) For a list of boarding homes in the county or to discuss placement call:

Board & Care Unit - Atlantic County Government

1333 Atlantic Ave. 3rd floor

Atlantic City, NJ

645-7700 Ext. 2813

Residential Programs

There are two residential providers who offer housing for people with mental illness. This type of housing includes group homes, supervised apartments and supportive housing.

Group Home

A group home allows people returning to the community a chance to have the needed support of staff within the house with the independence of community living. The agency that operates group homes is:

CODI, Inc. Project for Independent Living

901 Atlantic Ave.

Egg Harbor, NJ

965-6871

Supervised Apartments

Supervised Apartments allow people to opportunity to live independently in the community with a roommate. Staff visit you in your home several times per week to assist you with any needed life skills. The agency that operates supervised apartments is



CODI, Inc. Project for Independent Living

901 Atlantic Ave.

Egg Harbor, NJ

965-6871

Supportive Housing

Supportive Housing links affordable housing with supportive services, assisting people with special needs to live stable and independent lives in community settings. The following agencies provide Supportive Housing:

CODI, Inc. Project for Independent Living

901 Atlantic Ave.

Egg Harbor, NJ

965-6871

Collaborative Support Programs

1147 North New Road

Absecon, NJ

383-1190

Housing Authority

Several towns have separate Housing Authorities that are responsible for specific housing units. You must apply to each authority individually. Most of the authorities are responsible for several sites. One application at each authority should cover all the properties they are responsible for. Just to be sure, ask. Also, when you apply ask for a copy of your completed application and ask the person taking the application to date and sign it, tell them you must have a copy for your records. If you need help completing the application, ask someone at I.C.E. to help you.

Atlantic City Housing Authority

1000 Arctic Ave.

Atlantic City, NJ

347-1207

Pleasantville Housing Authority

156 N. Main Street

Pleasantville, NJ

646-3023

Department Of Community Affairs Section 8

The Department of Community Affairs (DCA) is where you apply for a Section 8 certificate. This certificate will help you pay for your housing. When you qualify for Section 8 you will have to find housing that will accept the certificate. When you have found an apartment that will take Section 8, then you pay up to 40% of your income for rent. To make sure that all of your application is done properly and that you have the letter you need, you should have an agency staff member fill this application out with you. For more information contact an I.C.E. member or:

Department of Community Affairs (DCA)

5914 Main Street Suite 101

Mays Landing, NJ

909-5222

Private Apartment Complexes

Many apartment units in this county have their own section 8 apartment lists. These are units set aside for people who need help in paying for housing. Each building has its own waiting list and you must apply to be on each one.



Legal Services

If you are having legal problems with the courts, SSI or bill collectors, you can get legal assistance from:

Community Health Law Project 856-858-9500

Voting Information

Every person over the age of 18 should take the time to register to vote and then vote for those candidates you feel will best represent your needs and goals. The persons elected are those who decide whether the services you use should be funded or not. You can fill out a registration form at:

I.C.E.

611 Doughty Road
Pleasantville, NJ

272-1700

Board of Elections

343-2246

Alcohol and Drug Services

This service provides counseling to people with drug and alcohol problems. These services are available at:

AtlantiCare Mental Health Center

6010 Black Horse Pike
McKee City, NJ

645-3572

Family Service Association

3073 English Creek Ave.
Egg Harbor Township, NJ

569-0239

Alcoholics Anonymous

641-8855

I.C.E. Resource Guide

Narcotics Anonymous 390-0388

Dual Recovery Anonymous 965-6871

Gamblers Counseling

If you have a gambling problem and want help phone:

Gamblers Anonymous 877-994-2465

AtlantiCare Addiction Services 645-3572

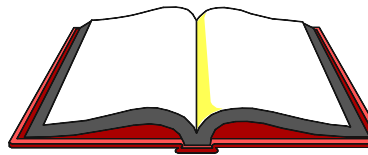
Sexual Abuse/Rape Counseling

If you have been a victim of sexual abuse, rape or incest you need to talk to someone who is specially trained in this area. You can find staff trained in sexual abuse at:

Atlantic Mental Health Center 646-5142

Women's Center 646-6767

General Education



If you or someone you know needs help in reading or in learning basic skills such as math, you should contact:

Literacy Volunteers of Atlantic County

850 North Franklin Blvd.

Pleasantville, NJ

383-3377

I.C.E. Resource Guide

Dental Services

If you need dental services these are several resources that you may try who will accept Medicaid.

**Foundation of Dentistry
for the Handicapped** 456-3259

John Cronin Medical/Dental Clinic
235 Dolphin Ave.
Northfield, NJ 645-5814

Southern Jersey Family Medical Centers, Inc.
310 Bellevue Ave
Hammonton, NJ 561-9150

Southern Jersey Family Medical Centers, Inc.
1301 Atlantic Ave
Atlantic City, NJ 572-0000

UMDNJ Dental Services
Jeffries Towers
227 N. Vermont Ave.
Atlantic City, NJ 348-4152